

**CANADIAN MASTERS WEIGHTLIFTING NEW RECORDS  
MAY 13, 2017  
KELOWNA, BRITISH COLUMBIA  
CANADIAN MASTERS WEIGHTLIFTING COMPETITION**

<b>Athlète</b>	<b>Catégorie</b>	<b>Sn/Arr</b>	<b>CJ/E-J</b>	<b>Total</b>
Silvia Hua	W30-48		<b>58</b>	
Laurel Timmer	W30-58	<b>50</b>		
Amanda Watson	W30-69	58,63	75, <b>80</b>	138, 143
Lisa Yum	W30-69	65, <b>69</b>	76	141, <b>145</b>
Kirsten Riewe	W35-63	69, <b>71</b>		<b>156</b>
Cathy Hambly	W35-75	<b>63</b>		
Tanna Payne	W35-69		81, <b>83</b>	144, <b>146</b>
Melissa Brophy	W35-90+	57, <b>60</b>	75, <b>80</b>	135, <b>140</b>
Heather Wolfe	W40-58		61, <b>64</b>	109, <b>112</b>
Isabelle Boilard	W40-63		<b>76</b>	
Kristen Dillon	W40-75	<b>65</b>		
Meg Thorne	W40-90	53, <b>55</b>		
Heather Ellis	w45-58	52, 54, <b>56</b>		
Linda Rosario-Earnshaw	W45-75	<b>49</b>	<b>66</b>	113, <b>115</b>
Lisa Sluik	W45-90		<b>74</b>	<b>126</b>
Karen Rodgers	W50-63			107
Sylvie Guenette	W50-63	44, <b>46</b>		106, <b>109</b>
Shirlee Petrat	W55-63	36, <b>38</b>	<b>49</b>	85, <b>87</b>
Madeline Payne	W60-53	27, <b>29</b>	35, <b>37</b>	64, <b>66</b>
Ruth Stewart	W60-69	<b>33</b>		
Brenda Fergusson	W70-90+	20, 23, <b>25</b>	30, 33, <b>35</b>	55, 58, <b>60</b> Show Ed's whose boss!
Jamie Rule	M35-94			<b>285</b>
Raf Korkowski	M35-105+	130, 135, <b>140</b>	156, 160, <b>165</b>	296, 300, <b>305</b>
Arthur Frenette	M55-105+	<b>84</b>		<b>189</b>
Terry Hadlow	M60-85	81, 86, <b>90</b>	101, <b>110</b>	191, <b>200</b>
Ken Miller	M70-62	<b>51</b>		<b>119</b>

## My Facebook Post

Here are the **new Record Holders from the Canadian Masters Weightlifting Competition**, brought to you, unofficially from the Records Secretary, yours truly. You will note that when an athlete breaks a record, or as the attempts flip back and forth between athletes, there can be multiple records on the way toward the final weight. This was the case with Amanda Watson and Lisa Yum as well as Karen Rodgers and Sylvie Guenette. When the first attempt of an athlete is a record, and is then followed by another attempt(s) that are also records, all of these are noted on her/his Certificate. However the bolded numbers will appear on the pdf version that I will ask to be uploaded to our Website. You will also note that we do not identify the athlete's province on our Certificates but his/her Province will appear in the website Table, which I will start working on tomorrow.

**Remember to break a Canadian Masters Record** we have strict criteria to follow in addition to being a member of our Federation before your recognized competition. Check our website for details and have patience with me as I adhere to our policy. If you do spot any errors, I welcome you telling me. It may be a typo here, but I will check my Certificates as well. I hope to have those out to the printer this week and to our President, Dave Desroches, for his signature as soon as possible. Record Applications are not necessary from the Canadian Masters Competition or any Event sanctioned by the CMWF as I will examine each athlete's results.

### **In Summary:**

There were 21 Women who broke records and 5 Men

35 Snatch Records broken, of which 18 will stand in the final Records Table.

24 Clean and Jerk Records broken, of which 13 will stand in the final Records Table.

32 Total Records were broken, of which, 16 will stand in the final Records Table.

My hearty congratulations to all of the athletes you see on this list.

¡Attollo!